



**British
Hypertension
Society**

**Clinical Education
Meeting for Primary Care**

**Cardiovascular Risk -
Changing the Landscape**

**A one-day educational meeting suitable
for your CPD programme**

Wednesday 14th November 2007

**Royal College of Physicians
EDINBURGH**

www.bhsoc.org

INVITATION AND PROGRAMME

INVITATION

Dear Colleague

We are pleased to announce the eighth British Hypertension Society Clinical Education Meeting for Primary Care: *Cardiovascular Risk - Changing the Landscape*, which will be held at the Royal College of Physicians of Edinburgh, on Wednesday 14th November 2007.

In June 2006 NICE and the British Hypertension Society published joint revision of our guidance, our unified goals a guideline based on the latest evidence which will help doctors to meet the continuing cardiovascular disease challenge.

The British Hypertension Society has developed an educational programme to support best practice and successful implementation of evidence-based management and guidelines. Over 900 General Practitioners, Primary Care Cardiovascular Leads and Lead Pharmacists have attended these meetings. For this meeting we have constructed a programme based on feedback from previous meetings to consider reducing blood pressure and lifestyle measures, practical assessment of hypertensives, managing ischaemic heart disease, preventing diabetes, combining anti-hypertensives and lipid lowering. To make the NICE/BHS guidelines as practical as possible, we will include a novel case based application of the guidelines to illustrate how they might work in practice and focusing upon challenges of getting to target.

The meeting is primarily aimed at Primary Care Trust GP leads in CHD, diabetes and stroke, as well as Primary Care Pharmacists and Supplementary Prescribers in cardiovascular risk.

Dinner and accommodation is available on Tuesday 13th November 2007 at the George Hotel, Edinburgh.

We wish to thank our sponsors Boehringer Ingelheim Ltd., Bristol-Myers Squibb Pharmaceuticals Ltd. / sanofi-aventis Ltd., Merck Sharp & Dohme Ltd., Novartis Pharmaceuticals UK Ltd. and Pfizer Ltd. for providing educational grants towards the cost of the meeting.

We hope that you will take the opportunity to join us at the meeting and look forward to seeing you there.



Professor Gordon McInnes
Vice-President
British Hypertension Society



Professor Mark Caulfield
Chairman
BHS Educational Programmes Working Party

PROGRAMME

08.00 - 09.00 **REGISTRATION AND COFFEE**

Session 1 - Practical hypertension assessment

Chair: Professor Gordon McInnes
Professor of Clinical Pharmacology & Consultant Physician, Western Infirmary, Glasgow

09.00 - 09.05

Chairman's Welcome

09.05 - 09.30

1.1 Blood pressure - the importance of changing lifestyle

Professor Simon Thom
Clinical Professor of Cardiovascular Pharmacology, Imperial College, London

09.30 - 09.40 Discussion

09.40 - 10.05

1.2 Practical assessment of hypertensive patients in primary care

Professor Lewis Ritchie
General Practitioner & Mackenzie Professor of General Practice, University of Aberdeen

10.05 - 10.15 Discussion

10.15 - 10.40

1.3 When to suspect secondary hypertension & get help

Dr Paul Padfield
Consultant Physician & Reader in Medicine, Western General Hospital, Edinburgh

10.40 - 10.50 Discussion

10.50 - 11.20 **COFFEE**

Session 2 - Modifying cardiovascular risk & co-morbidities

Chair: Professor Simon Thom
Clinical Professor of Cardiovascular Pharmacology, Imperial College, London

11.20 - 11.45

2.1 Managing acute manifestations of ischaemic heart disease in the 21st Century

Professor Keith Fox
Professor of Cardiology, University of Edinburgh

11.45 - 11.55 Discussion

11.55 - 12.20

2.2 Reducing risk of diabetes

Professor Naveed Sattar
Professor of Metabolic Medicine, University of Glasgow

12.20 - 12.30 Discussion

12.30 - 12.55

2.3 Lipid lowering - achieving evidence based targets

Professor John Betteridge
Professor of Endocrinology & Metabolism, University College London Medical School, London

12.55 - 13.05 Discussion

PROGRAMME continued

13.05 - 14.00 **LUNCH**

Session 3 - Novel approaches to blood pressure control

Chair: Professor Mark Caulfield
Professor of Clinical Pharmacology, St. Barts & The London School of Medicine, London

14.00 - 14.20

3.1 New trials & innovations in hypertension

Professor Mark Caulfield
Professor of Clinical Pharmacology, St. Barts & The London School of Medicine, London

14.20 - 14.30 Discussion

14.30 - 14.55

3.2 Combining antihypertensives to best effect

Professor Thomas MacDonald
Professor of Clinical Pharmacology & Pharmacoepidemiology, University of Dundee

14.55 - 15.05 Discussion

15.05 - 15.30 **TEA**

Session 4 - Optimal management of difficult hypertensive cases - applying the guidance

Led by: Professor Gordon McInnes
Professor of Clinical Pharmacology & Consultant Physician, Western Infirmary, Glasgow

15.30 - 16.45

Interactive session, to focus on:

- Thresholds
- Targets
- Concomitant medication
- Special groups
- Which drugs?

Panel: Professor Mark Caulfield (London)
 Professor Thomas MacDonald (Dundee)
 Dr Alex Watson (Dundee)

16.45 **CLOSE OF MEETING**

Programme is correct at time of print and may be subject to change at a later date.

MEETING INFORMATION

VENUE

The Royal College of Physicians of Edinburgh is located on Queen Street within a few minutes walk of the main train (Waverley Station) and bus stations, hotels and shopping areas. It is within easy reach by road via the A8. Parking is available on street (metered) or at the NCP multi-storey car park, 7 minutes walk from the college. This is accessed from York Place. Edinburgh airport is approximately 7 miles from the city centre. A regular bus shuttle service runs from the airport to the city centre every 10 minutes during working hours.

ACCOMMODATION & DINNER

Dinner and accommodation (single occupancy) is provided on Tuesday 13th November 2007 at the George Hotel. The hotel is located in George Street, and is a 5 minute walk from the Royal College of Physicians of Edinburgh. There is an additional **£75.00 charge for accommodation** (including breakfast). The cost of room extras, e.g. telephone bills, laundry, should be settled directly with the hotel on departure. Any changes to accommodation requirements should be directed to the Secretariat and NOT the hotel. The **cost for dinner is £25.00** which includes a drinks reception, three-course dinner and wine with the meal.

Please see the reverse of this Invitation for full details on how to register.

CONTINUING PROFESSIONAL DEVELOPMENT

This meeting may be deemed suitable for your Continuing Professional Development (CPD). Attendance Certificates will be issued to all attendees at the end of the meeting.

BRITISH HYPERTENSION SOCIETY EXECUTIVE COMMITTEE

President	Professor Morris J. Brown <i>Addenbrooke's Hospital, Cambridge</i>
Vice-President	Professor Gordon T. McInnes <i>Western Infirmary, Glasgow</i>
Secretary	Professor Alun D. Hughes <i>Imperial College, London</i>
Treasurer	Professor Francesco P. Cappuccio <i>Warwick Medical School</i>
Ordinary Members	Dr Adrian Brady <i>Glasgow Royal Infirmary</i> Dr Mark Davis <i>Moorfield House Surgery, Leeds</i> Professor Donald R.J. Singer <i>Warwick Medical School</i> Dr Ian B. Wilkinson <i>Addenbrooke's Hospital, Cambridge</i>

BHS CLINICAL EDUCATION MEETING FOR PRIMARY CARE REGISTRATION & ACCOMMODATION FORM

Royal College of Physicians of Edinburgh - Wednesday 14th November 2007

Please complete in BLOCK CAPITALS

Last/Family Name: _____ First Names: _____

Prof/Dr/Mrs/Miss/Ms etc: _____ Male Female

Professional Title: _____ PCT: _____
(eg CHD Lead, Prescribing Advisor)

Work Address: _____

Post Code: _____ E-mail*: _____

Business Tel. No: _____ Fax No: _____

** It is important that you provide an email address so that notification can be sent to you when final details of the meeting are available on the website*

REGISTRATION FEE	Payment (inc. VAT)
Includes VAT, access to all scientific sessions, conference materials, lunch & tea/coffee on Wednesday 14 th November:	£55.00

REQUIREMENTS - please tick (✓) relevant boxes			
I will require dinner at the George Hotel on Tuesday 13 th November:	<input type="checkbox"/> Yes <input type="checkbox"/> No	£25.00	
I will require accommodation (single occupancy) on Tuesday 13 th November at the George Hotel:	<input type="checkbox"/> Yes <input type="checkbox"/> No	£75.00	

TOTAL PAYMENT DUE (inc. VAT): Registration Fee + Accommodation + Dinner =	£
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Special Dietary Requirements: *(conference meals will not contain pork, beef or shellfish)*
 Vegetarian Other, please state foods that you are unable to eat: _____

Access Needs:
 (please specify e.g. wheelchair user, mobility difficulties, hearing impaired etc) _____

PAYMENT DETAILS	<i>Please fully complete - all sections are essential in order to process payment All payments to be in GB Pounds Sterling</i>
<input type="checkbox"/> By Cheque/Bank Draft	Payable to 'Hampton Medical Conferences Ltd.' and drawn on a UK bank.
<input type="checkbox"/> Please deduct the total sum due from:	<p>Credit Card: <input type="checkbox"/> American Express <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa</p> <p>Debit Card: <input type="checkbox"/> Visa Delta <input type="checkbox"/> Maestro</p> <p>Card No: _____</p> <p>Expiry Date: _____ Cardholder's Signature: _____</p> <p>Card Security Code (last 3 digits of code on the back of the card): _____</p> <p><i>Please note that credit card payments are subject to an additional charge (MasterCard, Visa & Amex: 2.95%)</i></p> <p>Name, billing address (inc. post code) of the cardholder: _____</p> <p>_____</p> <p>_____</p> <p>Maestro only: valid from date: _____ or issue no: _____</p>

By returning your completed registration form you are agreeing to the terms & conditions of the conference, including credit card charges & any cancellation policies for registration fees. Please see 'How to Register' for details. You are also agreeing to your name and town being displayed on the list of delegates.

Hampton Medical Conferences may make your contact details available to selected third parties that may be of interest to you. If you do NOT want your details to be passed on, please tick here:

Please return to: BHS Clinical Registration
 Hampton Medical Conferences Ltd., 113-119 High Street, Hampton Hill, Middlesex, TW12 1NJ, UK
 For credit/debit card registrations only - fax: 020 8979 6700

REGISTRATION FEES

The major costs incurred by delegates attending the meeting are covered by sponsorship from Boehringer Ingelheim Ltd., Bristol-Myers Squibb Pharmaceuticals Ltd. / sanofi-aventis Ltd., Merck Sharp & Dohme Ltd., Novartis Pharmaceuticals UK Ltd. and Pfizer Ltd. However, a **non-refundable registration fee of £55.00**, which includes VAT, conference materials, lunch and refreshments is required. Please note that there are limited places available so, to avoid disappointment, please register at your earliest convenience. Once these places have been allocated we *may* be able to offer places at the higher rate of £100.00 (non-subsidised). The meeting is primarily aimed at Primary Care Trust GP leads in CHD, diabetes and stroke, as well as primary care Pharmacists and Supplementary Prescribers in cardiovascular risk. Other healthcare professionals may be accepted depending on availability of places.

Delegates can register online for the meeting using a secure credit/debit card payment site. Please go to the website www.hamptonmedical.com and click on 'Registration'.

Alternatively a hard copy Registration Form can be found opposite. **All Registration Forms must be accompanied by the appropriate payment.**

PAYMENT INFORMATION

- Payment must be made in GBP £
- Cheques should be made payable to 'Hampton Medical Conferences Ltd.'
- Credit card payments can be made (Visa, MasterCard or American Express) or debit card (Maestro or Visa Delta)
- Credit/debit card payments are subject to an additional charge of 2.95% (for hard copy Registration Forms the charge does not apply to debit card payments)
- Unfortunately we are **unable** to accept online payment using American Express
- Credit/debit card payments cannot be taken over the telephone

CONFIRMATION

Written confirmation and a receipt of payment will be sent to you. We strongly recommend you do not book travel or locum cover until a place is confirmed in writing.

FURTHER INFORMATION

Further meeting information including maps will be available on the following websites two weeks prior to the meeting:

www.bhsoc.org

www.hamptonmedical.com

CANCELLATIONS & REFUNDS

Delegates who are no longer able to attend the meeting should advise the Secretariat in writing as soon as possible. Registration fees will only be refunded, less a £10.00 administration fee, for written cancellations received prior to 31st October 2007. Refunds will not be made for cancellations received after this date, but name substitutions will be accepted at any time. Payments for accommodation will be refunded in full only if the Secretariat can resell the bedrooms and provided that written notice of cancellation is received. Name substitutions will be accepted at any time. Refunds for dinner tickets can be provided if cancellations are received in writing prior to 31st October 2007. Please note that any refunds due will be paid after the meeting has taken place.

SECRETARIAT

Hampton Medical Conferences Ltd.

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Hampton Hill
Middlesex
TW12 1NJ, UK

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Fax: + 44 (0)20 8979 6700
Email: hmc@hamptonmedical.com
BHS website: www.bhsoc.org
Secretariat website: www.hamptonmedical.com

LEGAL NOTICES - Disclaimer & Privacy Statement

All best endeavours will be made to present the programme as printed. However, the Conference Secretariat reserve the right to alter or cancel, without prior notice, any of the arrangements, timetables or plans relating directly or indirectly to the conference or exhibition, for any cause beyond their reasonable control. The Meeting Secretariat is not liable for any loss or inconvenience caused as a result of such alterations. Participants are advised to take out their own travel insurance and to extend their personal policy to cover personal possessions; the conference does not cover individuals against cancellations of bookings or theft of belongings.

In the event that the meeting is cancelled by the organisers, or cannot take place for any reason outside the control of the organisers, the registration fee shall be refunded in full. The liability of the organisers shall be limited to that refund and the organisers shall not be liable for any other loss, cost or expense, howsoever caused, incurred or arising.

The Secretariat will hold and process your personal details on our database. This information is necessary for the legitimate management of this meeting, which may include it being available to any organising/sponsoring company. We may also use these details to provide you with information of other conferences or events. Please advise us should any of your details change. You may of course remove your details from our database by advising us in writing, at any time.

SPONSORS

The British Hypertension Society would like to express its gratitude to the following companies for providing educational grants towards the cost of the meeting:

Boehringer Ingelheim Ltd.

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HOW TO REGISTER:

-  **1.** FAX the Registration Form on 020 8979 6700
(for credit/debit card payments only)
-  **2.** Send the Registration Form by post to:
BHS Clinical Education Meeting, Hampton Medical Conferences Ltd.
113-119 High Street, Hampton Hill, Middlesex, TW12 1NJ, UK
-  **3.** Register online at www.hamptonmedical.com



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Sender:

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Tel: +44 (0) 20 8979 8300 Fax: +44 (0) 20 8979 6700 Email: hmc@hamptonmedical.com
Web: www.hamptonmedical.com