

British Hypertension Society



www.bhsoc.org

11th BHS Clinical Education Meeting for Primary Care

A one-day educational meeting for
general practitioners and other primary
care healthcare professionals

May be deemed suitable for your
CPD programme

Tuesday 19th May 2009

**Royal College of Physicians
LONDON**

Invitation and Programme

INVITATION

Dear Colleague

We are pleased to announce the 11th British Hypertension Society Clinical Education Meeting for Primary Care, which will be held at the Royal College of Physicians on Tuesday 19th May 2009.

This educational programme is intended to support best practice and successful implementation of evidence-based management and guidelines. Over 1,000 General Practitioners, Primary Care Cardiovascular Leads and Lead Pharmacists have attended British Hypertension Society Clinical Education meetings and feedback has been highly positive. For this meeting we have constructed a programme based on feedback from previous meetings to consider pragmatic approaches to reducing cardiovascular disease and achieving targets. To facilitate interaction, you are invited to bring your difficult cases and see what the experts say.

The meeting is aimed at Primary Care Trust GP leads in CHD, diabetes and stroke, as well as Primary Care Pharmacists and Supplementary Prescribers in cardiovascular risk.

We wish to thank our sponsors Boehringer Ingelheim and Takeda UK Ltd. for providing educational financial grants towards the cost of this independent educational meeting.

We hope that you will take the opportunity to join us at the meeting and look forward to seeing you there.



Professor Gordon McInnes
President
British Hypertension Society



Dr. James McLay
Chairman
BHS Educational Programmes Working Party

PROGRAMME

08.30 - 09.30 *REGISTRATION AND COFFEE*

Session 1: Latest Progress in Cardiovascular Disease

Chair: **Dr James McLay**
University of Aberdeen

09.30 - 09.50

1.1 **National Stroke Strategy - what it means for primary care**

Dr Matthew Walters
Consultant Physician, Western Infirmary, Glasgow

09.50 - 10.00 Discussion

10.00 - 10.20

1.2 **Teenagers with hypertension**

Dr Ian Wilkinson
Senior Lecturer and Honorary Consultant, Addenbrooke's Hospital, Cambridge

10.20 - 10.30 Discussion

10.30 - 10.50

1.3 **Advising young hypertensive women**

Dr David Williams
Consultant Obstetric Physician, University College Hospital, London

10.50 - 11.00 Discussion

11.00 - 11.30 *COFFEE*

Session 2: New Approaches to Vascular Risk

Chair: **Dr Ian Wilkinson**
Addenbrooke's Hospital, Cambridge

11.30 - 11.50

2.1 **The new vascular health check in primary care**

Dr Terry McCormack
General Practitioner, Whitby Group Practice

11.50 - 12.00 Discussion

12.00 - 12.20

2.2 **Treating the elderly hypertensive patient**

Professor Christopher Bulpitt
Emeritus Professor, Care of the Elderly, Imperial College London

12.20 - 12.30 Discussion

12.30 - 13.15

2.3 **Debate: Aspirin - more harm than good?**

12.30 - 12.45

For: *Professor John Cleland*
Professor of Cardiology,
Castle Hill Hospital, Hull

12.45 - 13.00

Against: *Professor Gordon McInnes*
Professor of Clinical Pharmacology,
Western Infirmary, Glasgow

13.00 - 13.15 Discussion

PROGRAMME continued

13.15 - 14.00 **LUNCH**

Session 3: Managing Specific Patient Groups and Latest Evidence

Chair: Professor Mark Caulfield
Bartholomew's and the London School of Medicine

14.00 - 14.20

3.1 Reduction of vascular risk in type 2 diabetes
Professor John Betteridge
Professor of Endocrinology and Metabolism,
University College London

14.20 - 14.30 Discussion

14.30 - 14.50

3.2 Genes for blood pressure - any lessons for treatment?
Professor Mark Caulfield
Professor of Clinical Pharmacology,
Bartholomew's and the London School of Medicine

14.50 - 15.00 Discussion

15.00 - 15.20

3.3 Latest clinical trials in cardiovascular disease - implications for primary care
Professor Gordon McInnes
Professor of Clinical Pharmacology,
Western Infirmary, Glasgow

15.20 - 15.30 Discussion

15.30 - 15.45 **TEA**

Session 4: Hypertension Clinic - Challenging Cases in Primary Care

Chair: Professor Mark Caulfield
Bartholomew's and the London School of Medicine

15.45 - 16.30

Case Presentations

To include:

- ◆ Resistant hypertension
- ◆ Combining anti-hypertensives
- ◆ Postural hypotension in the uncontrolled hypertensive
- ◆ Secondary hypertension

Please bring along your interesting or difficult cases and present your problems from primary care to the panel and audience for discussion

Panel: Dr James McLay (Aberdeen)
Professor Gordon McInnes (Glasgow)
Dr Terry McCormack (Whitby)

16.30 **CLOSE OF MEETING**

The programme is correct at time of print and may be subject to change at a later date

MEETING INFORMATION

VENUE

The Royal College of Physicians occupies a Grade I listed modern building overlooking Regent's Park, with excellent conference facilities. The College is conveniently located in the centre of London and is easily reached by all methods of transport.

It is within walking distance from four underground stations: Regent's Park, Baker Street, Great Portland Street and Warren Street (servicing the Bakerloo, Circle, Metropolitan, Hammersmith, Victoria and Northern lines), connecting with main line rail terminals and airports.

ACCOMMODATION

Delegates who wish to book overnight accommodation can call 'Visit London' on telephone: 08456 44 30 10 or visit their website at www.visitlondon.com. Alternatively, you may wish to contact Doctor in the House, an accommodation agency offering accommodation in private homes at reasonable rates.

For information, email: rooms@doctorhouse.co.uk, visit their website on www.doctorhouse.co.uk or telephone 020 8870 5949.

CONTINUING PROFESSIONAL DEVELOPMENT

This meeting may be deemed suitable for your Continuing Professional Development (CPD). Attendance Certificates will be issued to all attendees at the end of the meeting.

**BRITISH HYPERTENSION SOCIETY
EXECUTIVE COMMITTEE**

President	Professor Gordon T. McInnes <i>Western Infirmary, Glasgow</i>
Vice-President	Professor Mark Caulfield <i>St. Barts & The London School of Medicine</i>
Secretary	Dr Adrian Brady <i>Glasgow Royal Infirmary</i>
Treasurer	Professor Francesco P. Cappuccio <i>Warwick Medical School, Coventry</i>
Ordinary Members	Professor Stephen Jackson <i>King's College Hospital, London</i>
	Professor Gary McVeigh <i>Queens University, Belfast</i>
	Professor Donald R.J. Singer <i>Warwick Medical School, Coventry</i>
	Dr Alex D. Watson <i>Westgate Health Centre, Dundee</i>

11th BHS CLINICAL EDUCATION MEETING FOR PRIMARY CARE REGISTRATION FORM

Royal College of Physicians, London - Tuesday 19th May 2009

Please complete in BLOCK CAPITALS

Last/Family Name: _____ First Names: _____

Prof/Dr/Mrs/Miss/Ms etc: _____ Male Female

Professional Title: _____ PCT: _____
(e.g. CHD Lead, Prescribing Advisor)

Work Address: _____

Post Code: _____ E-mail*: _____

Business Tel. No: _____ Fax No: _____

** It is important that you provide an email address so that notification can be sent to you when final details of the meeting are available on the website*

REGISTRATION FEE	Payment (inc. VAT)
Includes VAT, access to all scientific sessions, conference materials, lunch & tea/coffee on Tuesday 19 th May 2009:	£125.00

Dietary Requirements: *(conference meals will not contain pork, beef or shellfish)*
 Vegetarian Other, please state foods that you are unable to eat: _____

Access Needs:
 (please specify e.g. wheelchair user, mobility difficulties, hearing impaired etc) _____

PAYMENT DETAILS	<i>Please fully complete - all sections are essential in order to process payment All payments to be in GB Pounds Sterling</i>
<input type="checkbox"/> By Cheque/Bank Draft	Payable to 'Hampton Medical Conferences Ltd.' and drawn on a UK bank.
<input type="checkbox"/> Please deduct the total sum due from:	Credit Card: <input type="checkbox"/> American Express <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa Debit Card: <input type="checkbox"/> Visa Delta <input type="checkbox"/> Maestro Card No: _____ Expiry Date: _____ Cardholder's Signature: _____ Card Security Code (last 3 digits of code on the back of the card): _____ <i>Please note that credit card payments are subject to an additional charge (MasterCard, Visa & Amex: 2.95%)</i> Name, billing address (inc. post code) of the cardholder: _____ _____ _____ Maestro only: valid from date: _____ or issue no: _____

By returning your completed registration form you are agreeing to the terms & conditions of the conference, including credit card charges & any cancellation policies for registration fees. Please see 'How to Register' for details. You are also agreeing to your name and town being displayed on the list of delegates and your email address being used by the Secretariat.

Hampton Medical Conferences may make your contact details available to selected third parties that may be of interest to you. If you do NOT want your details to be passed on, please tick here:

Please return to: **BHS Clinical Registration**
 Hampton Medical Conferences Ltd., 113-119 High Street, Hampton Hill, Middlesex, TW12 1NJ, UK
For credit/debit card registrations only - fax: +44 (0) 20 8979 6700

HOW TO REGISTER

REGISTRATION FEES

A non-refundable registration fee of £125.00, which includes VAT, conference materials, lunch and refreshments is required. Please note that there are limited places available so, to avoid disappointment, please register at your earliest convenience. The meeting is primarily aimed at Primary Care Trust GP leads in CHD, diabetes and stroke, as well as Primary Care Pharmacists and Supplementary Prescribers in cardiovascular risk. Other healthcare professionals may be accepted depending on availability of places.

Delegates can register online for the meeting using a secure credit/debit card payment site. Please go to the website www.hamptonmedical.com and click on 'Online Services' and then 'Conference Registration'.

Alternatively a hard copy Registration Form can be found opposite. All Registration Forms must be accompanied by the appropriate payment.

PAYMENT INFORMATION

- Payment must be made in GBP £
- Cheques should be made payable to 'Hampton Medical Conferences Ltd.'
- Credit card payments can be made (Visa, MasterCard or American Express) or debit card (Maestro or Visa Delta)
- Credit/debit card payments are subject to an additional charge of 2.95% (for hard copy Registration Forms the charge does not apply to debit card payments)
- Unfortunately we are unable to accept online payment using American Express
- Credit/debit card payments cannot be taken over the telephone

CONFIRMATION

Written confirmation and a receipt of payment will be sent to you. We strongly recommend you do not book travel or locum cover until a place is confirmed in writing.

FURTHER INFORMATION

Further meeting information including maps will be available on the following websites two weeks prior to the meeting:

www.bhsoc.org

www.hamptonmedical.com

CANCELLATIONS & REFUNDS

Delegates who are no longer able to attend the meeting should advise the Secretariat in writing as soon as possible. Registration fees will only be refunded, less a £40.00 administration fee, for written cancellations received prior to 20th April 2009. Refunds will not be made for cancellations received after this date, but name substitutions will be accepted at any time. Please note that any refunds due will be paid after the meeting has taken place.

SECRETARIAT

Hampton Medical Conferences Ltd.
113-119 High Street
Hampton Hill
Middlesex, TW12 1NJ, UK

Tel: + 44 (0)20 8979 8300
Fax: + 44 (0)20 8979 6700
Email: hmc@hamptonmedical.com
BHS website: www.bhsoc.org
Secretariat website: www.hamptonmedical.com

LEGAL NOTICES - Disclaimer & Privacy Statement

All best endeavours will be made to present the programme as printed. However, the Conference Secretariat reserve the right to alter or cancel, without prior notice, any of the arrangements, timetables or plans relating directly or indirectly to the conference or exhibition, for any cause beyond their reasonable control. The Meeting Secretariat is not liable for any loss or inconvenience caused as a result of such alterations. Participants are advised to take out their own travel insurance and to extend their personal policy to cover personal possessions: the conference does not cover individuals against cancellations of bookings or theft of belongings.

In the event that the meeting is cancelled by the organisers, or cannot take place for any reason outside the control of the organisers, the registration fee shall be refunded in full. The liability of the organisers shall be limited to that refund and the organisers shall not be liable for any other loss, cost or expense, howsoever caused, incurred or arising.

The Secretariat will hold and process your personal details on our database. This information is necessary for the legitimate management of this meeting, which may include it being available to any organising/sponsoring company. We may also use these details to provide you with information of other conferences or events. Please advise us should any of your details change. You may of course remove your details from our database by advising us in writing, at any time.

SPONSORS

The British Hypertension Society would like to express its gratitude to the following companies for providing educational financial grants towards the cost of this independent educational meeting

Boehringer Ingelheim

Takeda UK Ltd.



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HOW TO REGISTER:

1.



FAX the Registration Form on 020 8979 6700
(for credit/debit card payments only)

2.



Send the Registration Form by post to:
BHS Clinical Education Meeting, Hampton Medical Conferences Ltd.
113-119 High Street, Hampton Hill, Middlesex, TW12 1NJ, UK

3.



Register online at www.hamptonmedical.com



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Sender:

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Tel: +44 (0) 20 8979 8300 Fax: +44 (0) 20 8979 6700 Email: hmc@hamptonmedical.com
Web: www.hamptonmedical.com