

British
Hypertension
Society

Clinical Education Meeting for Primary Care

Hypertension - NICE / BHS and after

A one-day educational meeting
suitable for your CPD programme

Friday 20th April 2007

Royal College of Physicians - LONDON

www.bhsoc.org

INVITATION AND PROGRAMME

BRITISH HYPERTENSION SOCIETY – EXECUTIVE COMMITTEE

President	Professor Morris J. Brown <i>Addenbrooke's Hospital, Cambridge</i>
Vice-President	Professor Gordon T. McInnes <i>Western Infirmary, Glasgow</i>
Secretary	Professor Alun D. Hughes <i>Imperial College, London</i>
Treasurer	Professor Francesco P. Cappuccio <i>Warwick Medical School</i>
Ordinary Members	Dr Adrian Brady <i>Glasgow Royal Infirmary</i>
	Dr Mark Davis <i>Moorfield House Surgery, Leeds</i>
	Professor Donald R. J. Singer <i>Warwick Medical School</i>
	Dr Ian B. Wilkinson <i>Addenbrooke's Hospital, Cambridge</i>

SPONSORS

The British Hypertension Society would like to express its gratitude to the following companies for providing educational grants towards the cost of the meeting:

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MEETING SECRETARIAT

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INVITATION

Dear Colleague

We are pleased to announce the seventh British Hypertension Society Clinical Education Meeting for Primary Care: *Hypertension – NICE/BHS and after*, which will be held at the Royal College of Physicians, London, on Friday 20th April 2007.

In June 2006 NICE and the British Hypertension Society published joint revision of our guidance, our unified goals a guideline based on the latest evidence which will help doctors to meet the continuing cardiovascular disease challenge.

The British Hypertension Society has developed an educational programme to support best practice and successful implementation of evidence-based management and guidelines. Over 800 General Practitioners, Primary Care Cardiovascular Leads and Lead Pharmacists have attended these meetings. For this meeting we have constructed a programme based on feedback from previous meetings to consider the hypertensive heart, salt and blood pressure, most effectively combining anti-hypertensives, and lipid lowering. To make the NICE/BHS guidelines as practical as possible, we will include a novel case based application of the guidelines to illustrate how they might work in practice and focusing upon challenges of getting to target.

The meeting is primarily aimed at Primary Care Trust GP leads in CHD, diabetes and stroke, as well as primary care Pharmacists and Supplementary Prescribers in cardiovascular risk.


Dinner and accommodation is available on Thursday 19th April 2007 at the Melia White House Hotel, London.

We wish to thank our sponsors Boehringer Ingelheim Ltd., Bristol-Myers Squibb Pharmaceuticals Ltd. / sanofi-aventis, Merck Sharp and Dohme Ltd., Servier Laboratories Ltd., and Takeda UK Ltd. for providing educational grants towards the cost of the meeting.

We hope that you will take the opportunity to join us at the meeting and look forward to seeing you there.



Professor Mark Caulfield
Chairman
BHS Educational Programmes Working Party



Professor Morris Brown
President
British Hypertension Society



PROGRAMME – Thursday 19th April 2007

19.30 *DINNER*
Melia White House Hotel

PROGRAMME – Friday 20th April 2007

08.00 – 09.00 *REGISTRATION*

SESSION 1

MODIFYING CARDIOVASCULAR RISK

Chair: Professor Francesco Cappuccio
Professor of Cardiovascular Medicine and Epidemiology, Warwick Medical School, Coventry

09.00 – 09.20 1.1 Cardiovascular disease – the worldwide status
Professor Paul Elliott
Professor of Epidemiology, Imperial College, London

09.20 – 09.30 Discussion

09.30 – 09.50 1.2 Salt and hypertension
Professor Graham MacGregor
Professor of Cardiovascular Medicine, St George's Hospital Medical School, London

09.50 – 10.00 Discussion

10.00 – 10.20 1.3 Managing an effective hypertension service in primary care
Dr. Terry McCormack
General Practitioner, Whitby Group Practice

10.20 – 10.30 Discussion

10.30 – 11.00 *COFFEE*

SESSION 2

TREATMENT NOW: IS SECONDARY CARE STILL REQUIRED?

Chair: Professor Mark Caulfield
Professor of Clinical Pharmacology, Barts and the London, Queen Mary's Medical School

11.00 – 11.20 2.1 Hypertension in the elderly
Professor Chakravarthi Rajkumar
Chair in Elderly Care and Stroke Medicine, Royal Sussex County Hospital, Brighton

11.20 – 11.30 Discussion

11.30 – 11.50 2.2 When is hypertension an emergency?
Professor Gordon McInnes
Professor of Clinical Pharmacology, Western Infirmary, Glasgow

11.50 – 12.00 Discussion

12.00 – 12.20 2.3 The hypertensive heart
Dr Adrian Brady
Consultant Cardiologist, Glasgow Royal Infirmary

12.20 – 12.30 Discussion

12.30 – 13.30 *LUNCH*

PROGRAMME continued

SESSION 3

HYPERTENSION FUTURE: CAN WE DO BETTER?

Chair: Professor Gordon McInnes
Professor of Clinical Pharmacology, Western Infirmary, Glasgow

- 13.30 – 13.50 3.1 Hypertension: should we combine drugs or increase dose?
Dr David Wald
Senior Lecturer in Preventive Cardiology and Consultant Cardiologist, Barts and the London, Queen Mary's Medical School
- 13.50 – 14.00 Discussion
- 14.00 – 14.20 3.2 Identifying patients with curable causes of hypertension
Professor Morris Brown
Professor of Clinical Pharmacology, University of Cambridge
- 14.20 – 14.30 Discussion
- 14.30 – 14.50 3.3 Hypertension in 2010
Professor Mark Caulfield
Professor of Clinical Pharmacology, Barts and the London, Queen Mary's Medical School
- 14.50 – 15.00 Discussion
- 15.00 – 15.30 TEA

SESSION 4

THE NICE AND BHS GUIDELINES - CLINICAL CASE DISCUSSION

Led by: Professor Morris Brown
Professor of Clinical Pharmacology, University of Cambridge

- 15.30 – 17.00 Applying NICE/BHS guidance to real cases, to focus upon:
- Thresholds and targets
 - Concomitant medication
 - Special groups
 - Which drugs?
 - Practical issues
 - Challenging hypertensive patients

Panel: Mark Caulfield (London)
 Gordon McInnes (Glasgow)
 Terry McCormack (Whitby)

17.00 *CLOSE of MEETING*

MEETING INFORMATION

VENUE

The Royal College of Physicians occupies a Grade I listed modern building overlooking Regent's Park, with excellent conference facilities. The College is conveniently located in the centre of London and is easily reached by all methods of transport. It is within walking distance from three underground stations: Baker Street, Great Portland Street and Warren Street (servicing the Bakerloo, Circle, Metropolitan, Hammersmith, Victoria and Northern lines), connecting with main line rail terminals and airports.

DINNER and ACCOMMODATION

Dinner and accommodation (single occupancy) is provided on Thursday 19th April 2007 at the Melia White House Hotel. The hotel is located in Albany Street, next to Regent's Park and is a 5 minute walk from the Royal College of Physicians. There is an additional **£75.00 charge for accommodation** (including breakfast). The cost of room extras, e.g. telephone bills, laundry, should be settled directly with the hotel on departure. Any changes to accommodation requirements should be directed to the Secretariat and NOT the hotel. The **cost for dinner will be £25.00** which includes a drinks reception, three-course dinner and wine with the meal.

REGISTRATION and PAYMENT

The major costs incurred by delegates attending the meeting are covered by sponsorship from Boehringer Ingelheim Ltd., Bristol-Myers Squibb Pharmaceuticals Ltd. / sanofi-aventis, Merck Sharp & Dohme Ltd., Servier Laboratories Ltd. and Takeda UK Ltd. However, a nominal **non-refundable registration fee of £55.00** which includes VAT, conference materials, lunch and refreshments is required. Please note that there are limited places available so, to avoid disappointment, please register at your earliest convenience. Once these places have been allocated we *may* be able to offer places at the higher rate of £100.00 (non-subsidised). The meeting is primarily aimed at Primary Care Trust GP leads in CHD, diabetes and stroke, as well as primary care Pharmacists and Supplementary Prescribers in cardiovascular risk. Other healthcare professionals may be accepted depending on availability of places.

HOW to REGISTER

Delegates can register online for the meeting using a secure credit/debit card payment site. Please go to www.hamptonmedical.com, click on 'Events' and go to 'BHS Clinical Education Meeting for Primary Care 2007'.

Alternatively a hard copy Registration Form can be found on the next page of this Invitation. **All Registration Forms must be accompanied by the appropriate payment.**

Payment Information

- Payment must be made in GBP £
- Cheques should be made payable to 'Hampton Medical Conferences Ltd.'
- Credit card payments can be made (Visa, MasterCard or American Express) or debit card (Switch/Maestro or Visa Delta)
- Credit/debit card payments are subject to an additional charge of 2.95% (for hard copy Registration Forms the charge does not apply to debit card payments)
- Unfortunately we are **unable** to accept online payment using American Express
- Credit card payments cannot be taken over the phone

Confirmations

Written confirmations and a receipt of payment will be sent to you. **We strongly recommend you do not book travel or locum cover until a place is confirmed in writing.** Further meeting information including maps will be available on the following websites two weeks prior to the meeting, www.bhsoc.org and www.hamptonmedical.com.

CANCELLATIONS and REFUNDS

Delegates who are no longer able to attend the meeting should advise the Secretariat in writing as soon as possible. Registration fees will only be refunded, less a £10.00 administration fee, for written cancellations received prior to 23rd March 2007. Refunds will not be made for cancellations received after this date, but name substitutions will be accepted at any time. Payments for accommodation will be refunded in full only if the Secretariat can resell the bedrooms and provided that written notice of cancellation is received. Name substitutions will be accepted at any time. Refunds for dinner tickets can be provided if cancellations are received in writing prior to 30th March 2007. Please note that any refunds due will be paid after the meeting has taken place.

LEGAL NOTICES – Disclaimer & Privacy Statement

All best endeavours will be made to present the programme as printed. However, the Conference Secretariat reserve the right to alter or cancel, without prior notice, any of the arrangements, timetables or plans relating directly or indirectly to the conference or exhibition, for any cause beyond their reasonable control. The Meeting Secretariat is not liable for any loss or inconvenience caused as a result of such alterations. Participants are advised to take out their own travel insurance and to extend their personal policy to cover personal possessions: the conference does not cover individuals against cancellations of bookings or theft of belongings

In the event that the meeting is cancelled by the organisers, or cannot take place for any reason outside the control of the organisers, the registration fee shall be refunded in full. The liability of the organisers shall be limited to that refund and the organisers shall not be liable for any other loss, cost or expense, howsoever caused, incurred or arising.

The Secretariat will hold and process your personal details on our database. This information is necessary for the legitimate management of this meeting, which may include it being available to any organising/sponsoring company. We may also use these details to provide you with information of other conferences or events. Please advise us should any of your details change. You may of course remove your details from our database by advising us in writing, at any time.

REGISTRATION & ACCOMMODATION FORM
BHS CLINICAL EDUCATION MEETING FOR PRIMARY CARE
Royal College of Physicians, London – Friday 20th April 2007

Please complete clearly and in BLOCK CAPITALS

Last Name/Surname: First Names:

Prof/Dr/Mrs/Miss etc: Male Female

Professional Title: PCT:
 (eg CHD Lead, Prescribing Advisor)

Work Address:
 City:

Post Code: E-mail*

Business Tel. No: Fax No:

**N.B. It is important that you provide an email address so that notification can be sent to you when final details of the meeting are available on the website*

REGISTRATION FEE			Payment (inc. VAT)
Includes VAT, access to all scientific sessions, conference materials, lunch & tea/coffee on Friday 20 th April			£55.00
REQUIREMENTS - please tick (✓) relevant boxes			
I will require dinner at the Melia White House Hotel on Thursday 19 th April:	<input type="checkbox"/> Yes <input type="checkbox"/> No	£25.00	
I will require accommodation (single occupancy) on Thursday 19 th April at the Melia White House Hotel:	<input type="checkbox"/> Yes <input type="checkbox"/> No	£75.00	
TOTAL PAYMENT DUE (inc. VAT): Registration Fee + Accommodation + Dinner =			£

Special Dietary Requirements: *(conference meals will not contain pork, beef or shellfish)*

Vegetarian Other, please state foods that you are unable to eat:

Access Needs:

(please specify e.g. wheelchair user, mobility difficulties, hearing impaired etc)

PAYMENT DETAILS	<i>Please fully complete - all sections are essential in order to process payment All payments to be in GB Pounds Sterling</i>
<input type="checkbox"/> By Cheque/Bank Draft	Payable to 'Hampton Medical Conferences Ltd.' and drawn on a UK bank.
<input type="checkbox"/> Please deduct the total sum due from:	<p>Credit Card: <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa <input type="checkbox"/> American Express</p> <p>Debit Card: <input type="checkbox"/> Switch/Maestro <input type="checkbox"/> Visa Delta</p> <p>Card No: _____</p> <p>Expiry Date: _____ Cardholder's Signature: _____</p> <p>Card Security Code (last 3 digits of code on the back of the card): _____</p> <p>Name, address (inc. post code) of the cardholder: _____</p> <p>_____</p> <p>_____</p> <p><i>Please note credit card payments are subject to an additional charge (MasterCard, Visa & Amex: 2.95%)</i></p> <p>Switch only: valid from date: _____ or issue no: _____</p>
<p>By returning your completed registration form you are agreeing to the terms and conditions of the conference, including cancellation policies for registration fees and accommodation charges on the preceding pages. You are also agreeing to your name and town being displayed on the List of Participants.</p>	

Hampton Medical Conferences Ltd. May make your contact details available to selected third parties that may be of interest to you. If you do NOT want your details to be passed on, please tick here:

**Please return to: BHS Clinical Education Registration
 Hampton Medical Conferences Ltd.
 113-119 High Street, Hampton Hill, Middlesex, TW12 1NJ, U.K.
 Fax: +44 (0) 20 8979 6700 for credit/debit card registrations only**



www.bhsoc.org

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