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British Hypertension Society

Clinical Education Meeting for Primary Care

New Challenges in Cardiovascular Prevention

East Midlands
Conference Centre
NOTTINGHAM

Friday 10th November 2006

Suitable
for your
CPD
Programme

INVITATION AND PROGRAMME

BRITISH HYPERTENSION SOCIETY – EXECUTIVE COMMITTEE

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	Professor Thomas M. MacDonald <i>Ninewells Hospital and Medical School, Dundee</i>
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SPONSORS

The British Hypertension Society would like to express its gratitude to the following companies for providing educational grants towards the cost of the meeting:

Boehringer Ingelheim Ltd.

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MEETING SECRETARIAT

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BHS website: www.bhsoc.org
Secretariat website: www.hamptonmedical.com

INVITATION

Dear Colleague

We are pleased to announce the sixth British Hypertension Society Clinical Education Meeting for Primary Care: *Hypertension – New Challenges in Cardiovascular Prevention*, which will be held at the East Midlands Conference Centre, Nottingham, on Friday 10th November 2006.

In June 2006 NICE and the British Hypertension Society published joint revision of our guidance, our unified goals a guideline based on the latest evidence which will help doctors to meet the continuing cardiovascular disease challenge.

The British Hypertension Society has developed an educational programme to support best practice and successful implementation of evidence-based management and guidelines. Over 800 General Practitioners, Primary Care Cardiovascular Leads and Lead Pharmacists have attended these meetings. For this meeting we have constructed a programme based on feedback from previous meetings to consider the effectiveness of lifestyle modification, the specific ethnic factors in cardiovascular prevention, and an update on preventing target organ damage in the brain, kidney and the heart. We have also included discussions of how to most effectively combine anti-hypertensives, and of treating hypertension in pregnancy. To make the NICE/BHS guidelines as practical as possible, we will include a case based application of these to illustrate how they might work in practice.

The meeting is primarily aimed at Primary Care Trust GP leads in CHD, diabetes and stroke, as well as primary care Pharmacists and Supplementary Prescribers in cardiovascular risk.

Dinner and accommodation is available on Thursday 9th November 2006 at the Park Plaza Hotel, Nottingham.

We wish to thank our sponsors Boehringer Ingelheim Ltd., Bristol-Myers Squibb Pharmaceuticals Ltd. / sanofi-aventis, Merck Sharp & Dohme Ltd., Servier Laboratories Ltd. and Takeda UK Ltd. for providing educational grants towards the cost of the meeting.

We hope that you will take the opportunity to join us at the meeting and look forward to seeing you there.



Professor Mark Caulfield
Chairman
BHS Educational Programmes Working Party



Professor Morris Brown
President
British Hypertension Society

PROGRAMME – Thursday 9th November 2006

19.30

DINNER
Park Plaza Hotel

PROGRAMME – Friday 10th November 2006

08.00 – 09.00

REGISTRATION

SESSION 1

MODIFYING CARDIOVASCULAR RISK

Chair: Professor Mark Caulfield

*Professor of Clinical Pharmacology and Consultant Physician,
Barts and the London School of Medicine*

09.00 – 09.20

1.1

CVD prevention – exercise and diet for all

Professor Simon Thom

Professor of Cardiovascular Pharmacology, Imperial College, London

09.20 – 09.30

Discussion

09.30 – 09.50

1.2

Salt and hypertension

Professor Graham MacGregor

*Professor of Cardiovascular Medicine, St George's Hospital Medical
School, London*

09.50 – 10.00

Discussion

10.00 – 10.20

1.3

Ethnic factors in CVD prevention

Professor Francesco Cappuccio

*Professor of Cardiovascular Medicine and Epidemiology, Warwick
Medical School, Coventry*

10.20 – 10.30

Discussion

10.30 – 11.00

COFFEE

SESSION 2

MANAGING AND PREVENTING TARGET ORGAN DAMAGE

Chair: Professor Morris Brown

Professor of Clinical Pharmacology, University of Cambridge

11.00 – 11.20

2.1

The heart in hypertension

Dr Iain Squire

Senior Lecturer in Clinical Pharmacology, Leicester Royal Infirmary

11.20 – 11.30

Discussion

11.30 – 11.50

2.2

New advances in stroke

Professor John Potter

Professor of Ageing and Stroke Medicine, University of Leicester

11.50 – 12.00

Discussion

12.00 – 12.20

2.3

Mild renal impairment in primary care

Dr Mark Davis

General Practitioner, Moorfield House Surgery, Leeds

12.20 – 12.30

Discussion

12.30 – 13.30

LUNCH

PROGRAMME – Friday 10th November 2006

SESSION 3

HYPERTENSION - THE LATEST EVIDENCE

Chair: Professor John Potter

*Professor of Ageing and Stroke Medicine,
University of Leicester*

- 13.30 – 13.45 3.1 Hypertension in pregnancy
Dr David Williams
Consultant in Obstetrics and Gynaecology, University College, London
- 13.45 – 13.50 Discussion
- 13.50 – 14.05 3.2 Combining anti-hypertensives
Professor Thomas MacDonald
Professor of Clinical Pharmacology, Ninewells Hospital, Dundee
- 14.05 – 14.10 Discussion
- 14.10 – 14.25 3.3 New horizons in hypertension
Professor Morris Brown
Professor of Clinical Pharmacology, University of Cambridge
- 14.25 – 14.30 Discussion
- 14.30 – 15.00 TEA

SESSION 4

THE NICE AND BHS GUIDELINES

Led by: Professor Morris Brown

Professor of Clinical Pharmacology, University of Cambridge

- 15.00 – 16.30 Interactive session to focus on:
- Case based guidelines decisions
 - Case based discussion of management
 - Thresholds
 - Targets
 - Concomitant medication
 - Special groups
 - Which drugs?
 - Practical issues
- Panel: Mark Caulfield (London)
Mark Davis (Leeds)
Thomas MacDonald (Dundee)
- 16.30 *CLOSE of MEETING*

The programme is correct at the time of printing and the Secretariat accepts no liability for changes made at a later date.

MEETING INFORMATION

VENUE

The East Midlands Conference Centre is set in 330 acres of beautifully landscaped grounds at the heart of the University of Nottingham. The centre is located close to both the M1 and A1 and a 20 minute drive from the East Midlands Airport. There is ample free parking for delegates. Nottingham city centre is a 2 mile car journey away.

COACH TRANSFERS

For those delegates staying at the hotel on Thursday night and travelling by public transport, coaching will be provided on Friday 10th November as follows:

08.00 hrs	Park Plaza Hotel to East Midlands Conference Centre
16.45 hrs	East Midlands Conference Centre to Nottingham Railway Station

In order to give the Secretariat an indication of numbers, please indicate whether you will be requiring these coach transfers on the Registration Form.

REGISTRATION and PAYMENT

The major costs incurred by delegates attending the meeting are covered by sponsorship from Boehringer Ingelheim Ltd., Bristol-Myers Squibb Pharmaceuticals Ltd. / sanofi-aventis, Merck Sharp & Dohme Ltd., Servier Laboratories Ltd. and Takeda UK Ltd. However, a nominal **non-refundable registration fee of £55.00** which includes VAT, conference materials, lunch and refreshments is required. Also, there is an additional payment of **£50.00 for accommodation** and **£20.00 for dinner** on the evening of Thursday 9th November 2006.

Places at the meeting are **strictly limited** to 150 delegate registrations at the subsidised rate of £55.00, so to avoid disappointment, please register at your earliest convenience. The meeting is primarily aimed at Primary Care Trust GP leads in CHD, diabetes and stroke, as well as primary care Pharmacists and Supplementary Prescribers in cardiovascular risk. Other healthcare professionals may be accepted depending on availability of places. In order to register to attend the meeting, please complete the Registration Form and return to the Secretariat together with payment. **Places at the meeting cannot be reserved in the absence of a registration form and payment.** Payment can be made by cheque, payable to Hampton Medical Conferences, credit card (Visa, MasterCard or American Express) or debit card (Switch, Maestro or Visa Delta). Please note that credit card payments incur an additional charge on Amex, MasterCard & Visa of 2.95%. Credit/debit card payments cannot be taken over the telephone as written authorisation is required.

Registration can be made **on-line** for the meeting using a secure credit card payment site. Book on-line at www.hamptonmedical.com and click on 'Events' and go to 'BHS Clinical Education Meeting for Primary Care 2006'. Please note that both debit and credit cards incur a charge of 2.95% when used for on-line payments. Unfortunately we are unable to accept on-line payments using American Express.

Upon receipt of registration forms, delegates will be sent written confirmation of their place, together with a receipt for payment. **We strongly recommend you do not book travel or locum cover until a place is confirmed in writing.** Further meeting information including maps will be available on the websites two weeks prior to the meeting, www.bhsoc.org and www.hamptonmedical.com.

Once the 150 subsidised places are taken, registrations will be accepted from any further delegates wishing to attend at the standard rate of £100.00. If your registration form is received after the first 150 places are filled, you will be contacted by a member of the registration staff to confirm whether you would like to proceed with your registration at the non-subsidised rate. If paying by credit/debit card, please indicate on your registration form whether or not you are happy to pay the standard rate if necessary. Your payment would be adjusted accordingly.

MEETING INFORMATION CONTINUED

DINNER and ACCOMMODATION

Dinner and accommodation (single occupancy) is provided on Thursday 9th November 2006 at the Park Plaza Hotel. The hotel is located at the heart of Nottingham's main business and shopping centres on Maid Marian Way and is a 10 minute walk from Nottingham railway station. There is an additional £50.00 charge for accommodation (including breakfast). Rooms are air-conditioned and include power showers, satellite television, hair dryer and iron/ironing board. The cost of room extras, e.g. telephone bills, laundry, should be settled directly with the hotel on departure. Any changes to accommodation requirements should be directed to the Secretariat and NOT the hotel. The cost for dinner will be £20.00 which includes a drinks reception, three-course dinner and wine with the meal.

CANCELLATIONS and REFUNDS

It would be appreciated if delegates who are no longer able to attend the meeting could advise the Secretariat in writing as soon as possible. Registration fees will only be refunded, less a £20.00 administration fee, for written cancellations received prior to 13th October 2006. Refunds will not be made for cancellations received after this date, but name substitutions will be accepted at any time. Please note that any refunds due will be paid after the meeting has taken place.

Payments for accommodation will be refunded in full only if the Secretariat can resell the bedrooms and provided that written notice of cancellation is received. Name substitutions will be accepted at any time. Refunds for dinner tickets can be provided if cancellations are received in writing prior to 13th October 2006.

LEGAL NOTICES – Disclaimer & Privacy Statement

All best endeavours will be made to present the programme as printed. However, the Conference Secretariat reserve the right to alter or cancel, without prior notice, any of the arrangements, timetables or plans relating directly or indirectly to the conference or exhibition, for any cause beyond their reasonable control. The Meeting Secretariat is not liable for any loss or inconvenience caused as a result of such alterations. Participants are advised to take out their own travel insurance and to extend their personal policy to cover personal possessions: the conference does not cover individuals against cancellations of bookings or theft of belongings

In the event that the meeting is cancelled by the organisers, or cannot take place for any reason outside the control of the organisers, the registration fee shall be refunded in full. The liability of the organisers shall be limited to that refund and the organisers shall not be liable for any other loss, cost or expense, howsoever caused, incurred or arising.

The Secretariat will hold and process your personal details on our database. This information is necessary for the legitimate management of this meeting, which may include it being available to any organising/sponsoring company. We may also use these details to provide you with information of other conferences or events. Please advise us should any of your details change. You may of course remove your details from our database by advising us in writing, at any time.



BHS

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Secretariat:

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REGISTRATION & ACCOMMODATION FORM
BHS CLINICAL EDUCATION MEETING FOR PRIMARY CARE – Nottingham, Friday 10th November 2006

Please complete clearly and in BLOCK CAPITALS

Last Name/Surname: First Names:

Prof/Dr/Mrs/Miss etc: Male Female

Professional Title: PCT:

Work Address:

 City:

Post Code: E-mail*:

Business Tel. No.: Fax No.:

* NB: It is important that you provide an email address so that notification can be sent to you when final details of the conference are available on the website.

REGISTRATION FEES	Includes VAT, access to all scientific sessions, conference materials, lunch, tea/coffee on Friday 10 th November 2006		Payment (inc. VAT)
<input type="checkbox"/> Subsidised (subject to availability)	£55.00	<input type="checkbox"/> Standard	£100.00
I am willing to pay the standard rate of £100.00 should all subsidised places be full (credit/debit card payments only) <input type="checkbox"/> Yes <input type="checkbox"/> No			
REQUIREMENTS - please tick (✓) relevant boxes			
I will require dinner at the Park Plaza Hotel on Thursday 9 th November 2006:		<input type="checkbox"/> Yes <input type="checkbox"/> No	£20.00
I will require accommodation (single occupancy) on Thursday 9 th November 2006 at the Park Plaza Hotel:		<input type="checkbox"/> Yes <input type="checkbox"/> No	£50.00
TOTAL PAYMENT DUE (inc. VAT): Registration Fee + Accommodation + Dinner =			£

Special Dietary Requirements: (conference meals will not contain pork, beef or shellfish)

Vegetarian Other, please state foods that you are unable to eat:

Access Needs:

(please specify e.g. wheelchair user, mobility difficulties, hearing impaired etc)

Coach Transfers: I will require the following coach transfers on Friday 10th November 2006:

- 08.00 hrs – Park Plaza Hotel to East Midlands Conference Centre
- 16.45 hrs – East Midlands Conference Centre to Nottingham Railway Station

PAYMENT DETAILS	<i>Please fully complete - all sections are essential in order to process payment</i> <i>All payments to be in GB Pounds Sterling</i>
<input type="checkbox"/> By Cheque/Bank Draft	Payable to 'Hampton Medical Conferences Ltd.' and drawn on a UK bank.
<input type="checkbox"/> Please deduct the total sum due from:	<p>Credit Card: <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa <input type="checkbox"/> American Express</p> <p>Debit Card: <input type="checkbox"/> Switch/Maestro <input type="checkbox"/> Visa Delta</p> <p>Card No: _____</p> <p>Expiry Date: _____ Cardholder's Signature: _____</p> <p>Card Security Code (last 3 digits of code on the back of the card): _____</p> <p>Name, billing address & tel. no. of the cardholder: _____</p>
Switch only:	<i>Please note credit card payments are subject to an additional charge (MasterCard, Visa & Amex: 2.95%) valid from date: _____ or issue no: _____</i>

By returning your completed registration form you are agreeing to the terms and conditions of the conference, including cancellation policies for registration fees and accommodation charges on the preceding pages. You are also agreeing to your name and town being displayed on the List of Participants.

Hampton Medical Conferences may make your contact details available to selected third parties that may be of interest to you. If you do NOT want your details to be passed on, please tick here:

Please return to: BHS Clinical Education Registration
 Hampton Medical Conferences Ltd., 113-119 High Street, Hampton Hill, Middlesex, TW12 1NJ, U.K.
 Fax: +44 (0) 20 8979 6700 for credit/debit card registrations only