



# BHS

**British Hypertension Society**

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Registered Charity No: 287635

[www.bhsoc.org](http://www.bhsoc.org)

May 2010

To: Delegates attending:

12<sup>th</sup> British Hypertension Society Clinical Education Meeting for Primary Care

Institute of Child Health, 30 Guilford Street, London, WC1N 1EH  
Tuesday 25<sup>th</sup> May 2010

Dear Colleague

Arrangements are proceeding well for the above meeting which you have registered to attend. We would like to take this opportunity to provide final details concerning the meeting.

The registration desk will open on the Ground Floor of the Institute of Child Health and coffee will be served from 08.30 hrs onwards on Tuesday 25<sup>th</sup> May 2010. Lectures will commence at 09.30 hrs.

If you now find you are unable to attend for any reason, or wish to make changes to your registration booking, **please inform us as soon as possible**. The Secretariat regrets that registration fees are NOT refundable at this stage, although named substitutions will be accepted at any time.

Please find enclosed a General Information leaflet, current programme and directions to the venue. Please read the information carefully and contact us if you have any queries.

**We also enclose a Case Presentation Form for you to complete and return to us should you have an interesting case which you would like discussed in the afternoon session.**

We look forward to welcoming you to London on Tuesday 25<sup>th</sup> May.

Yours sincerely

Mrs. Gerry McCarthy  
gmccarthy@hamptonmedcial.com

Linda Hayes  
lhayes@hamptonmedical.com

**Secretariat**  
**BHS Clinical Education Meeting for Primary Care**

Please direct queries to Hampton Medical Conferences, 113-119 High Street, Hampton Hill, TW12 1NJ  
Telephone: + 44 (0)20 8979 8300, Fax: + 44 (0)20 8979 6700

## General Information

### ARRIVAL AND REGISTRATION

Registration will take place on the Ground Floor of the Institute of Child Health from 08.30 hrs onwards on Tuesday 25<sup>th</sup> May 2010. Your registration fee covers the cost of meeting materials and lunch / teas / coffees.

### MESSAGES

As a courtesy to speakers please ensure that your mobile telephone is switched off during lectures. Messages can be left with the Secretariat by contacting the Registration Desk on 020 7242 9789 extension: 0718

### TRANSPORTATION

A directional map is enclosed with the mailing, together with information on the nearest underground and mainline rail stations.

### CASE PRESENTATIONS - CARDIOVASCULAR RISK CLINIC (SESSION 4)

If you have an interesting or difficult case which you would like discussed in the concluding session of the meeting, please complete and return the Case Presentation Form either in advance of the meeting, or during the morning.

### Q & A SESSIONS

Delegates who wish to ask a question during any of the Q & A Sessions can either raise their hand or complete a card which will be available in their delegate pack (these should be given to one of the Secretariat staff at the Registration Desk before the session).

### ACCREDITATION

This course may be deemed suitable for your Continuing Professional Development programme. Certificates of attendance will be available for collection from the Registration Desk at the end of the day.

### HOTEL ACCOMMODATION

Any delegate travelling long distances who wish to stay overnight in London should contact Visit London on telephone 08456 44 30 10, or visit their website at: [www.visitlondon.com](http://www.visitlondon.com). Alternately, you may wish to contact Doctor in the House, an accommodation agency offering accommodation in private homes at reasonable rates. For information you can telephone: 020 8870 5949, send an email to: [rooms@doctorhouse.co.uk](mailto:rooms@doctorhouse.co.uk) or visit their website at: [www.doctorhouse.co.uk](http://www.doctorhouse.co.uk).

### SECRETARIAT

*Please contact the Secretariat if you have any queries:*

Hampton Medical Conferences Ltd.  
113-119 High Street  
Hampton Hill, Middlesex, TW12 1NJ

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Email: [hmc@hamptonmedical.com](mailto:hmc@hamptonmedical.com)

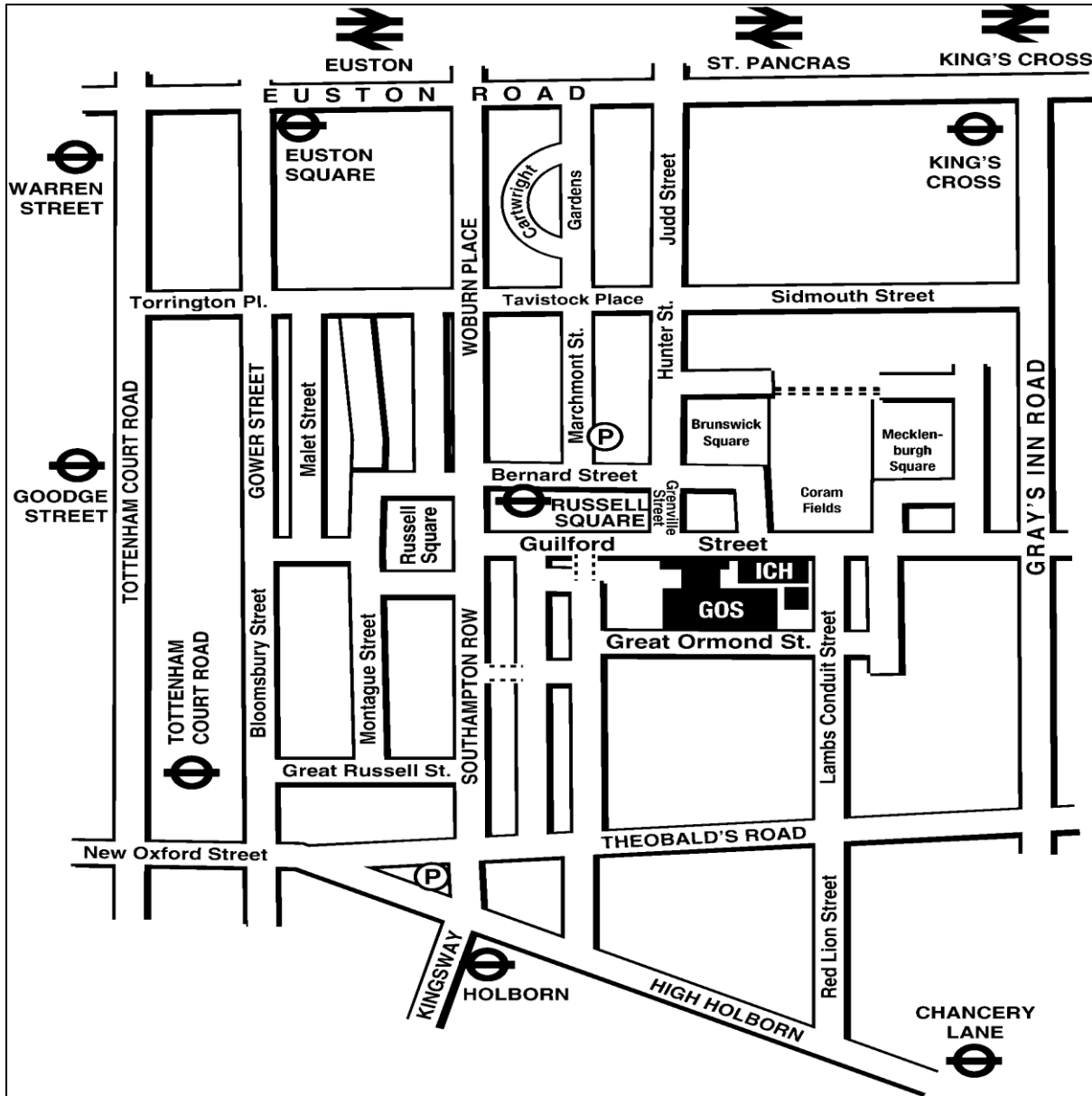
Fax: 020 8979 6700  
Website: [www.bhsoc.org](http://www.bhsoc.org) and [www.hamptonmedical.com](http://www.hamptonmedical.com)

# 12<sup>th</sup> BHS Clinical Education Meeting for Primary Care

Tuesday 25<sup>th</sup> May 2010

Venue: Institute of Child Health - 30 Guilford Street, London, WC1N 1EH

Tel No: Conference Registration Desk - 020 7242 9789 extension: 0718



## How to get to the Institute of Child Health:

**Underground:** The nearest underground station is Russell Square, which is served by the Piccadilly Line and approximately 5 minutes walk from the Institute. Kings Cross Station serves the Piccadilly, Victoria, Northern, Hammersmith & City, Circle and Metropolitan lines and is approximately 10 minutes walk from the Institute. Holborn is served by the Piccadilly and Central Lines.

**British Rail:** Euston, King's Cross and St. Pancras stations are all within walking distance of the Institute, approximately 15-20 minutes walk.

**Car Parking:** The Institute does NOT have car parking facilities. There are 3 NCP car parks in the area: Brunswick Square, Judd Street and Southampton Row. The Institute is within the congestion charge zone (please visit [www.cclondon.com](http://www.cclondon.com) for more information).

**12<sup>th</sup> BHS Clinical Education Meeting for Primary Care  
Institute of Child Health, London**

**PROGRAMME**

**Tuesday 25<sup>th</sup> May 2010**

08.30 - 09.30 REGISTRATION AND COFFEE

**SESSION 1 ANTICOAGULATION AND LIPIDS**

Chair: Dr. James McLay (Aberdeen)

09.30 - 09.50 1.1 **Aspirin - where are we now?**  
Professor Peter Sever (London)

09.50 - 10.00 Discussion

10.00 - 10.20 1.2 **Lipid lowering - what next?**  
Professor Neil Poulter (London)

10.20 - 10.30 Discussion

10.30 - 10.50 1.3 **Atrial fibrillation, stroke and anticoagulation**  
Professor Gordon McInnes (Glasgow)

10.50 - 11.00 Discussion

11.00 - 11.30 COFFEE

**SESSION 2 HYPERTENSION , ASSESSMENT AND PATIENT OUTCOMES**

Chair: Dr. Ian Wilkinson (Cambridge)

11.30 - 11.50 2.1 **The primary care management of the patient with heart failure and hypertension**  
Dr. Terry McCormack (Whitby)

11.50 - 12.00 Discussion

12.00 - 12.20 2.2 **What do ABPM and home blood pressure measurements actually mean?**  
Professor John Potter (Norwich)

12.20 - 12.30 Discussion

12.30 - 12.50 2.3 **Preventing cardiovascular disease in type 2 diabetes mellitus - priorities for optimal intervention**  
Professor Neil Poulter (London)

12.50 - 13.00 Discussion

## PROGRAMME continued

**13.00-14.00**      **LUNCH**

**SESSION 3**      **MANAGING SPECIFIC PATIENT GROUPS**

Chair: Professor Mark Caulfield (London)

14.00 - 14.20 3.1      **Does elevated blood pressure in childhood equate to increased risk?**  
Dr. Ian Wilkinson (Cambridge)

14.20 - 14.30      Discussion

14.30 - 14.50 3.2      **New treatments for diabetes and cardiovascular risk**  
Professor Graham Hitman (London)

14.50 - 15.00      Discussion

15.00 - 15.20 3.3      **Hypertension management in anticipation of pregnancy**  
Dr. David Williams (London)

15.20 - 15.30      Discussion

**15.30 - 15.45**      **TEA**

**SESSION 4**      **CARDIOVASCULAR RISK CLINIC - CHALLENGING CASES IN PRIMARY CARE**

15.45 - 16.30      Chair: Professor Mark Caulfield (London)

Please bring along your interesting or difficult cases and present your problems from primary care to the panel and audience for discussion

To include the following problems:

- Resistant hypertension
- Pre-conception hypertension
- Hypertension during pregnancy
- Postural hypotension in the uncontrolled hypertensive
- Uncontrolled hypertension on multiple antihypertensive agents

Panel: Dr. James McLay                      (Aberdeen)  
Professor Gordon McInnes      (Glasgow)  
Invited GP from the audience

